Granite State GASTROENTEROLOGY
Phone: 603.432.8802 • Fax: 603.437.0118 • www.granitegastro.com

Medication Reminder Before Your Procedure

Please review this information carefully before your scheduled procedure

IMPORTANT: If you take any medication listed below, please HOLD it 7 days before your scheduled procedure, unless your care team has specifically instructed you otherwise.

Weight-loss medications requiring a 7-Day Hold:

The medications below may be listed under a generic or brand name. If you are unsure whether the medication you take is included, please contact our office before stopping it.

• **Adlyxin**	• **Alli (oral pill)**
• **Bydureon**	• **Byetta**
• **Dulaglutide**	• **Exenatide**
• **Imcivree**	• **Liraglutide**
• **Lixisenatide**	• **Mounjaro**
• **Orlistat**	• **PhenQ (oral pill)**
• **Phentermine/Adipex/Lomaira (oral pill)****	• **Phentermine-Topiramate (oral pill)****
• **Pramlintide**	• **Qsymia (oral pill)****
• **Rybelsus (oral pill)**	• **Semaglutide/Ozempic/ Wegovy (including oral form)**
• **Saxenda**	• **Setmelanotide**
• **Symlin**	• **Tirzepatide**
• **Trulicity**	• **Victoza**
• **Zepbound**	• **Foundayo (oral pill)**

GLP-1 / Insulin Combination Medications

- **Soliqua (insulin glargine/ lixisenatide)**
- **Xultophy (insulin degludec/ liraglutide)**

Why is this important?

Some weight-loss and diabetes medications can slow stomach emptying. Depending on your procedure and anesthesia plan, this may increase the risk of food or liquid remaining in the stomach. Following your medication instructions helps your care team plan for a safe procedure.

If you take one of these medications for diabetes or another medical condition: Do not make medication changes without following the instructions provided by your prescribing or procedure team. If you have questions about how to manage your medication during the 7-day hold, please contact the clinician who prescribes it.
Important: If you accidentally take a listed medication within 7 days of your procedure, please notify our office as soon as possible. Do not wait until you arrive for your procedure. P: (603) 432-8802 M-F 8A to 4:45P

****If you are scheduled at The Bedford Ambulatory Surgical Center; this medication will need to be held for 14 days.**

***Please keep this reminder and follow all other pre-procedure instructions**